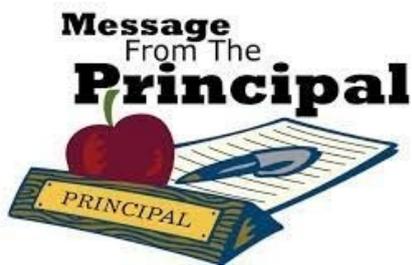


NEWSLETTER

WEEK 6, TERM 4, 2022



Dear Families,

We are fully back into the swing of things now that swimming, curriculum days and public holidays are all behind us.

We have lots of community news to share in this newsletter so please take the time to read the information so you remain informed about upcoming events.

It is lovely to see the weather picking up and the sun shining and our kids enjoying the oval. We are definitely heading into the busiest but most enjoyable part of the year with concern preparation, graduation for our Year 6's and end of year community celebrations. Looking forward to seeing more of you at these events in the coming weeks.

Andrea.



State Election
Sausage Sizzle Saturday
26th Nov

Year 3/4
Camp
28th / 29th /30th
November

End of Year
Whole School Concert
December 7th

Year 6 Graduation
December 14th

Last Day of School
Monday 19th December

Election Day Sausage Sizzle - November 26th.

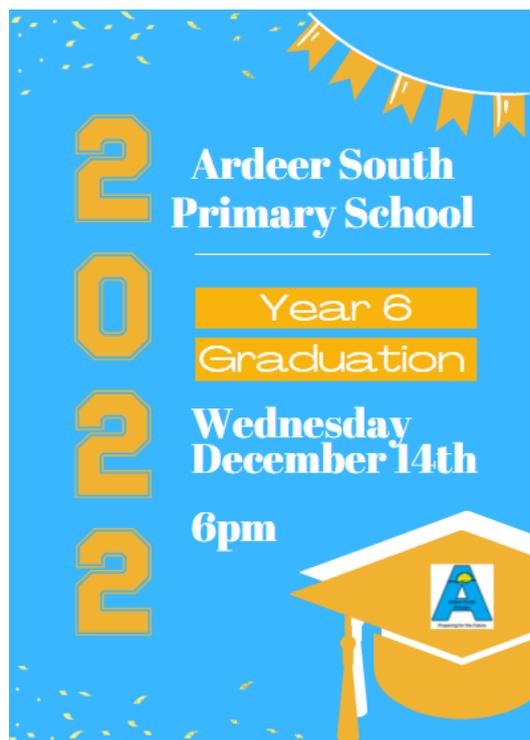


We are really hoping to make this day a MAJOR fundraising success for our school. The money raised will go to further playground upgrades and the sand that now the upper school students are asking for.

We are seeking volunteers to give up an hour or two of their day to help.

The signup sheet is at the office so if you are prepared to help out on the day please come and sign onto a time slot or ring and we will put your name down.

Save the Date





I understand that some parents choose to let their children play video games that may not be rated G. It alarms me to hear students in the yard discussing their activities on Fortnite. I have looked at the information available to parents and have attached some below. If this is a game you do choose to let your child play please keep a close eye on your child's online behaviours and activities.

Fortnite

Fortnite is rated T for Teen by the Entertainment Software Rating Board. It is rated T for violence. It is recommended for ages 13 and older.

While playing the game, players can hear profanity (and racist name-calling as you can see in the video above) from others as well as exchange voice chat messages with strangers.

The main reason why children yell when they play computer games is usually because of 1 simple reason, and that reason is anger, kids get very angry easily so if they for example die in a video game, their immediate reaction is to yell, scream, throw something, or anything to let out their anger.

Here are some things to consider:

Screen time – The game is so addictive that no reasonable screen time will ever be enough.

Stranger chat – Voice chat is an essential part of the game. When gamers play in squads, they can communicate within the team. If the voice chat is set to on, anyone new will automatically be able to chat with your child. This exposes children to online predators, hackers and bullying.

Strong emotions – Things can get pretty intensive in the game, making children experience stress or rage at losing, and that affects them even after the game's over.

Get Well Soon Miss Chambers



Our school community has been rocked by the news that Miss Chambers is unwell. We all wish her well and she knows that she has the kind thoughts, best wishes and support of the Ardeer South Community.

A message from Miss Chambers,

"As many of you may now have noticed, I have been absent from school recently. I wanted to ensure that you were informed and provide clarity on the situation. Unfortunately my absence is not by choice but necessity as I was diagnosed with breast cancer on Monday. I am now on ongoing leave as I begin my journey to recovery .

I just wanted to say a huge thank you to you all for making it a wonderful year. It has been my absolute pleasure to teach your children this year and I could not have asked for a better grade . I have absolutely loved every moment this year and I am devastated that I don't get to finish this year off with them . I am blessed to have a fabulous support network of people as part of the school community, at home with my family , friends and a very experienced medical team guiding me through this process.

I wish all the students the best for the rest of 2022."



HEALTH INFORMATION

Thunderstorm asthma: are you prepared?

Who is at risk?

If your child has eczema, hay fever, or if there's a history of asthma and allergies in the family, then your child is more at risk of having a sudden asthma attack. For these children, it's recommended you have some reliever medication and a spacer on hand.

Reliever medication is available over the counter, but it is also important to see a GP for review and to have a plan of what to do if your child gets asthma when they haven't had it before.

Additionally, if your child was affected by last year's thunderstorm asthma event, they are at risk again this season. Symptoms of asthma include:

- Coughing – which usually happens at night, during the early hours of the morning, when the weather is cool and during exercise.
- Wheezing – when breathing sounds like whistles.
- Breathing problems.

What to do

Having an up-to-date asthma management plan is the best way to manage diagnosed asthma in children – your GP can help with this. Always follow your child's management plan if they have one. **If your child has an asthma plan please share this with the office and provide medication to be kept at school.**

- Everyone with asthma or at risk of asthma should have a reliever medication and use it with a spacer.
- Your child may need a preventer medication. Your GP will determine if one is necessary, either for the whole year or for specific times, such as before and during spring.



HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!

TO CHECK
Check the scalp for insects or eggs.
Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

TO TREAT
Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

Always re-treat 7–10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.

TIPS

- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
- ✓ Do not share hairbrushes, towels, hats/ scarves etc.



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