

# ARDEER SOUTH PRIMARY SCHOOL NEWSLETTER

## Term 3 - Week 6, 16th August 2023

**Principal: Andrea Markham**

**Assistant Principal: Olivia Sinclair-Thomson**



### WHATS ON

#### AUGUST CALENDAR

**Book Week Parade - Wednesday 23rd August -  
Assembly**

**Dojo Shop - Open for business Thursday 24th August**

**Curriculum Day - Friday 25th August**

**Sovereign Hill - G1-4 - Tuesday 29th August**

**Fathers Day Stall - Wednesday 30th August**

#### SEPTEMBER CALENDAR

**Thriving Thursday (whole school day of  
Wellbeing activities) - 14th September**

**Friday 15th September - last day of Term 3  
12:30 pm special assembly for 1:30 pm finish**

***Ardeer South Primary School acknowledges the Wurundjeri people of the Kulin Nation as the traditional custodians of the land the school is located upon, and pays respect to Elders past, present and emerging.***



In this edition:

Parent Opinion Survey  
Curriculum Day  
Thriving Thursday  
Child Safety  
Classroom Cuisine  
School Wide Positive Behaviour  
Smile Squad  
Chess Club

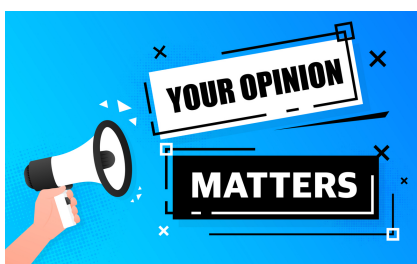
#### A MESSAGE FROM THE PRINCIPAL

We are right in the middle of the term and it has been a busy one so far.

Lots of things happening including Athletics, Book Week, Curriculum Day, Excursions and the planning for our upcoming Wellbeing day - Thriving Thursday.

We are looking forward to seeing as many parents and carers as possible at our upcoming events.

Andrea.



## Parent / Caregiver / Guardian Opinion Survey:

"Khảo sát ý kiến của Phụ huynh / Người chăm sóc / Người giám hộ"

WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents / caregivers / guardians think of our school. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All families are invited to participate in the survey.

Survey will be open from **Monday 7 August to Friday 8 September 2023.**

**Our School PIN number is 777331**

Currently we have had 21 responses and we thank the parents who have taken the time to complete the survey. **If you would like help doing this come to the staffroom on Friday 18th August at 9am and we can log you into a school laptop and support you to do this.**

If you are unable to do it at home, we will be holding a SURVEY GET TOGETHER, at this catch up we will provide laptops and ipads and help you log in and complete the survey.

**As at 12:26 pm, Wednesday 16 August 2023**

Number of survey invitations distributed	Number of survey responses	Response rate
107	21	20%

---



**These little faces are 100 Days Brighter, 100 Days Smarter, 100 Days part of our Ardeer South Community Congratulations Foundation Students.**







**Book week is upon us!**  
Our annual book week celebration will take place at a special assembly  
**2:30pm on Wednesday 23rd August**

**We encourage all students to come dressed as a book character!**

## **Friday 25th August**



## **Sovereign Hill Excursion - Tuesday 29th August**



**We are excited to be planning an excursion to Sovereign Hill for our Years 1-2 and 3-4 Students as an extension of their learning for our History Unit.**

**Notes have gone home and information via Class Dojo. If you require a hardcopy notice you can collect one from the office. A reminder that you can now pay via the Compass app or directly at the office .**



### Attendance



Well done everyone on your efforts with attendance.

We are doing really well with our goal to reduce student absences.

Please remember that there is no acceptable amount of days a week. Every single day of school counts.



### School Wide Positive Behaviour - We tell an adult if we feel unsafe

Our social skill focus in Week 6 and Week 7 is - "We tell an adult if we feel unsafe".

We will be working hard to get everyone in the school understanding exactly what this means over the next two weeks.

At home, please talk with your child about our focus and be very clear about what this means, it might help to break each part down.

**Tell** - means to speak to someone

**Adult** - means an person in our school who is grown up - Principals, Office Staff, Teachers, parents who are volunteering with us.

**Unsafe** - when we don't feel right about something, we feel we ( or someone we know) might be hurt, emotionally or physically.

**Why?** - Because everyone in our school has the right to be safe and we all need to work hard to make that happen.

## Chess Club



We have started a new Chess Club at school on Thursdays. Initially we will start with 10 students at lunch time, and we will move to this being offered to everyone, outside of school. We have employed a professional coach/teacher, Marlon. Marlon works with lots of other schools. This is a great opportunity for our students to learn this fantastic game.

## Smile Squad - Free Dental Van - Back in Term 4



The Smile Squad team from Cohealth are coming to our school soon.

Smile Squad is the Victorian Government **free** school dental program. This means all students can get a free dental check-up, preventive services, and treatment at school.

### **How to access free dental care**

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: <https://bit.ly/smilesquadvic>

OR use the below QR code:



### Dojo Shop - Week 7 - Dojo Shop - Open Thursday 24th August

The Dojo Shop was a huge success! Well done to our students for earning so many points!  
It will be back in Week 7.

80 Points - Principal for the Day

50 Points - Soccer Balls - Rubiks Cubes - Craft Activities

35 Points - Casual Clothes Day, No Homework Week, Baking with Miss Lisa, Minecraft Afternoons  
(2 - 3.15pm)

30 Points - Gliders

20 Points - Yoyos, Fidget Toys, Lego

10 Points - Matchbox Toys, Fidget Toys, Plushies

5 Points - Small Fidget Toys, Packets of Chips

Come see Miss ST if you have other suggestions / Thanks very much to JSC and parent helpers.

---

### COMMUNITY ENGAGEMENT / ANNOUNCEMENTS



FOUNDATION 2024  
ENROLMENTS NOW OPEN



The statewide [Foundation \(Prep\) enrolment timeline](#) asks parents and carers to submit enrolment applications by Friday 28 July 2023.

If you have a child that you wish to enrol to begin school in 2024 please contact the office for a form to submit as soon as possible.

# CLASSROOM CUISINE

School Council this week discussed options for our community to cater for students who enjoy a lunch order. As of **MONDAY AUGUST 21ST** (Yes next Monday) we will begin trialling a new way of providing “take away” lunches for our students. For this term it will only be used on a Monday as we still have Tanya on Wednesday, Thursday and Friday.

Classroom Cuisine will be delivering healthy lunches to our school which parents can order directly through the website. We look forward to trialling this option in the next few weeks to see if it is something we wish to use moving into Term 4.

Register



1 Register your child



3 Choose delicious menu items



4 Confirm your order and payment



5 Relax while we do the rest



COMMENCING a trial at ARDEER SOUTH PRIMARY on MONDAY'S  
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED  
INGREDIENTS, ALLERGEN INFO ETC ARE ON OUR MENU PAGE OF WEBSITE

## LUNCH ITEM ONE

### SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg (GF)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)
- Main course of Fresh Fruit Salad (V,GF)

### SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

### BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- Mushroom Vegan– GOZLEME (NO CHEESE)
- GOZLEME - Spinach and Cheese (V, H)

### BAKED FRESH PIZZAS

(PLEASE NOTE: Baked this morning -Served at room temp)

- Margherita Pita Pizza
- Ham and Pineapple Pizza Slice

### SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

## LUNCH ITEM TWO/THREE

### FRESH FRUIT & VEG

- Freshly chopped Strawberries with Grapes
- Fresh Fruit Combo
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Stewed Rhubarb & Apple with Custard (V)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana or Mandarin

### YOGHURT

- Dairy Farmers - Strawberry Yoghurt
- Dairy Farmers – Classic Vanilla Yoghurt

### BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Fruit Bun
- Jam Drop Biscuit (GF, NF, H)

### DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers
- Spicy Capsicum Dip with Rice Crackers

### POPCORN/SNACKS

- Dried Fruit Medley with Yoghurt Sultanas
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Roasted Chick Peas.
- Lime & Black Pepper Chick Peas
- Balsamic & Sea Salt Fav'va Beans

### DRINKS

- Nippy's Chocolate Milk
- Full Cream Milk
- Apple Juice
- Orange Juice
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including  
Pricing, Ingredients and Portion Size is available on the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)



## Save the Date - Thursday 14th September

We are going to have a whole school community day. This day will aim to build a sense of connection and we are inviting the wider community to attend wellness sessions.

Workshops will be conducted during the day including,

- Resilience Rights and Respectful Relationships (social and emotional learning)
- Gardening,
- Mindfulness (Tapping, Sound Healing),
- Art
- Healthy Physical Movement



We will also have some healthy additional things on offer for students to try for lunch, such as fruit and vegetables, rice paper rolls and sandwiches.