

ARDEER SOUTH PRIMARY SCHOOL NEWSLETTER

Term 1 - Week 8, 23rd March 2023

Principal: Andrea Markham

Assistant Principal: Olivia Sinclair-Thomson



**Friday 24th March -
Ride 2 School Day
Walk to School**

Cross Country - Thursday 30th

**Harmony Day Celebrations
Friday 31st March**

**Leadership Conference - School Captains, Junior
School Council, House Captains - Wednesday
29th March**

**Whole School Breakfast
(Postponed to Term 2)**

**Wednesday April 5th
Final Assembly for Term 1**

**Thursday April 6 - End of Term 1
1:30pm Finish**

Ardeer South Primary School acknowledges the Wurundjeri people of the Kulin Nation as the traditional custodians of the land the school is located upon, and pays respect to Elders past, present and emerging.



In this edition:

Curriculum News

- Literacy
- Numeracy
- Visual Arts

Wellbeing News

- School Wide Positive Behaviour
- Mental Health in Primary Schools
- Active Schools

Community Engagement

- Easter / Ramadan Donations
- Sunshine Heights Football Club

CURRICULUM NEWS

Literacy / Numeracy / NAPLAN

Our Year 3 and Year 5 students have done so well handling the testing conditions with confidence and calm. We all look forward now to receiving the data that is generated from these tests so that we can continue to track and monitor our student growth.

Visual Arts

Check out our facebook page to look at some of the amazing art work that is adorning our walls at the moment. Our students are so very talented.

WELLBEING NEWS



School Wide Positive Behaviour - Dojo Points !!

As a part of our School Wide Positive Behaviour initiative we reward positive behaviour in the classroom, in the yard, in Assembly, on excursions, during sportEVERYWHERE.

Here are two very interesting quotes that I came across in my training on SWPB to get everyone thinking.

Although there are no universal reinforcers that will increase the likelihood that all students will repeat the appropriate skills in the future, adult attention is reinforcing for most students, especially when adults have previously built a positive relationship with them. Positive reinforcement, e.g. positive adult attention or specific positive feedback for most students increases the probability that they will use the desired behaviour again (Maag, 2001).

AND

"The single most commonly used but least effective method for addressing undesirable behaviour is to verbally scold and berate a student" (Alberto & Troutman, 2006).

Ask your children how many Dojo points they have earned this week.



We are lucky to be participating in the Mental Health in Primary Schools Initiative. Olivia Sinclair-Thomson is our nominated Mental Health and Wellbeing Leader, who will work across the school to implement a whole-school approach to mental health and wellbeing for students, staff and families based on a broad knowledge of the needs of the school community.

This means:

- building the capacity of school staff, in particular classroom teachers, to identify and support students with mental health concerns in the classroom
- supporting the school to create clear referral pathways internally (within school) and externally (to community services) for students identified as requiring further assessment and intervention
- coordinating targeted mental health support for students by working with regional staff, school wellbeing and leadership teams, teachers, parents/carers and external agencies
- advocating for student voice and agency in their wellbeing and mental health needs.

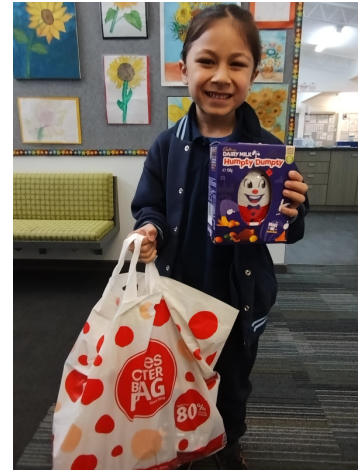
Mental Health and Wellbeing Leaders receive evidence-based training in mental health literacy, supporting student need, and building school capacity, and receive ongoing professional development through Communities of Practice. The training program is developed and facilitated by the University of Melbourne.

We both have been fortunate enough this week to be participating in evidence-based training in mental health literacy, supporting student needs, and building school capacity. The training program is developed and facilitated by the University of Melbourne.

More information can be found at this link:

<https://www.vic.gov.au/mental-health-primary-schools>

Thank you to the parents and students who have already donated to our mega Easter / Ramadan give away.



We all know Easter is a good time for chocolate or Easter eggs. Sweets, assorted chocolates, dry fruits, cakes, and dates are some of the best Ramadan gift ideas to offer your friends, family, and loved ones on Ramadan.

The office is still taking donations of any of the above things for our Easter / Ramadan Hampers that will be given away in the last week of school. All donations are very much appreciated!

★ **What is Ramadan?**

Ramadan is the 9th month of the Islamic calendar.

Ramadan is when the Holy Qur'an was first revealed to Prophet Muhammad (peace and blessings be upon him).

We do not eat or drink from dawn until sunset during Ramadan. This is called fasting.

Fasting in Ramadan is one of the Five Pillars of Islam.

We fast in Ramadan to get closer to Allah, be self-disciplined, control ourselves and show our gratitude for Allah's blessings.

At the end of Ramadan there is a big celebration called Eid Al-Fitr which means 'the feast of breaking the fast'.

In Eid Al-Fitr we celebrate completing our fast and we thank Allah for the strength He has given us throughout Ramadan.

twinkl

We wish all our families happy celebrations for Ramadan over the next month!

Ramadan Mubarak

AND PHYSICAL EDUCATION

AUSKICK - It is still not too late to join in the after school Auskick Program. Scan the QR code below and come along and enjoy having a kick of the football with other students.



Join more than 350,000 students across the nation who will ride, walk, scoot and skate to school on Friday 24 March 2023. We will meet at our regular meeting place at 8:30am and students will be able to use the quadrangle to ride around for a little extra time when we arrive at school.

Sunshine Heights Football Club
FREE FOOTBALL CLINIC

WE INVITE
BOYS AND GIRLS
GRADE 1-4
FROM ARDEER SOUTH PRIMARY SCHOOL
TO COME AND GIVE FOOTY A TRY!



TUESDAY 4TH OF APRIL AT 5PM
&
FRIDAY 7TH OF APRIL AT 5:30PM

PLEASE SEND A SMS
TO JOYCE ON
0421 379 493
TO RSVP ATTENDANCE

AINSWORTH RESERVE
GLENGALA RD - SUNSHINE WEST!